

# Year Overview Scope & Sequence Health

	T1	T1	T1	T1/2	T2	T2	T2/3	T3	T3	T3
6th Grade				Introduction to Body Systems	Responsible Decision Making and Communication	Nutrition	World Games			
7th Grade							Self Esteem and Body Image	Relationships, Bias and Bullying	Mental and Emotional Health	Alcohol and Tobacco
8th Grade	Diversity, Equity and Inclusion	Sex Education	Stages of Development	Diseases and Transmission						
Other Events / Holidays	<b>Trait: Courtesy</b>	<b>Trait: Consideration</b>	<b>Trait: Foresight</b>	<b>Trait: Duty to Family</b>	<b>Trait: Enterprise</b>	<b>Trait: Self Mastery</b>	<b>Trait: Integrity</b>	<b>Trait: Resourcefulness</b>	<b>Trait: Self Assurance</b>	<b>Trait: Bravery</b>
	Hispanic Heritage Month	Disability Awareness Month Halloween	Thanksgiving	Winter Holidays	MLK Day	Black History Month	Women's History		Asian / Pacific American Heritage Month	Pride Month
DEI & SEL	Bandaid Example on Equity Privilege and Power Imbalances	Team Building Activities, but through the lens of those with a disability (hearing impaired, vision impaired, limb loss, etc.)	Nutrition - Body image and affects on mental health  Winter months and affects on mental health - strategies and tools at your disposal	Understanding different backgrounds and cultures around the holiday season. Why is it important to have knowledge like this? Acceptance of others with a different belief system to yours	Walk in my shoes activity  Physical marches made a change  New years resolutions and positive goal setting	Spotlighting famous athletes throughout history  Discussion on sport inequality and the resource gap seen across the globe	Spotlighting famous athletes and moments throughout history  Discussion on sports inequality and the pay gap	How do we see / use resourcefulness in PE, sport, etc.?	Spotlighting famous athletes and moments throughout history  Discussion on the stop hate movement	Spotlighting famous athletes and moments throughout history  Shining a light on inequalities still faced within the LGBTQ equal rights arena in the sports world as well as national recognitions.