

# Ashbrook Compass



September 24, 2021

Dear Ashbrook Family,

With this edition of Compass, we kick off the feature of a monthly character trait highlight. Next time you open the first Compass of the month (the last of the month, this time), you will notice a special section, Exploring Character, “starring” the character trait for that month and some activities to do at home. It is our hope that this will support the spirit of our character education program by providing parents with information and activities to reinforce the values represented by the monthly character traits listed in the Family Handbook on page 7:

## CHARACTER EDUCATION

The Ashbrook community strives to emphasize and practice the following character traits in our daily lives

SEPTEMBER -- Courtesy: We treat others with respect, even those with whom we disagree.

OCTOBER -- Consideration: We consider how our actions affect others. We treat others with kindness.

NOVEMBER -- Foresight: We plan ahead, do not take pointless risks, and are careful in making choices.

DECEMBER -- Duty to Family: We honor and respect our families.

JANUARY -- Enterprise: We work diligently and tenaciously toward goals we set for ourselves.

FEBRUARY -- Self Mastery: We learn to control ourselves, both physically and emotionally.

MARCH -- Integrity: We strive to achieve consistency between what we say and what we do.

APRIL -- Resourcefulness: We find ways to accomplish our goals, even if our tools are inadequate.

MAY -- Self-Assurance: We know what we believe and where we stand.

## STUDENT CONTEST: Summer Months Character Traits

What about June, July, and August? Are you a student who has some thoughts about what three traits we should add to our Character Trait list for the summer months? Would you like to win a snazzy long sleeve Ashbrook t-shirt AND a free dress day for your entire class? If so, write Doc a note according to the following instructions: On a single page, describe each trait and its month and WHY you think it would be important for Ashbrook to adopt (due by the first bell of the day on 10/15).

### A Bulletin Board with Character!

My great thanks to Ms. Jessop for her commitment to creating a wonderful bulletin board display linking the values represented by our character traits, to what it means to be a strong community. Look for that soon, in the Community Corner by Gorby and Coconut's hutch.

### Where does Character Live?

Finally, you might have noticed that the monthly character trait poster now lives by the main entrance to the building. By its new location, we are symbolizing our commitment to the given trait as a condition of community membership and walking into the building. The new location says, "This we believe, and this makes us a community, and anyone who enters here is agreeing to put forth an earnest effort to abide by this statement."

### Exploring Character: September is COURTESY month!



Family Focus on Courtesy -- Here are some activities you can do at home to reinforce the values at the core of our character education program:

- Make a two-minute video representing courtesy. Present it to Doc, and he may post it on Ashbrook's website or show it to our Lower School students. Interpret this quotation and engage in a family discussion about what this means and how it might play out in our daily lives: "Let courtesy be your adornment."
- What are three actions you can take to be courteous to others? Read one of the following or a book you already own, and identify three ways the characters remind you of you or your family being courteous.
  - [The Berenstain Bears Forget their Manners](#)
  - [Manners](#), by Alik
  - [Perfect Pigs: An Intro to Manners](#) by Marc Brown and Stephen Krensky
  - [What Do You Say, Dear? and What Do You Do, Dear?](#) by Sesyle Joslin
  - [Monster Manners](#) by Bethany Roberts
- Watch the baby chicks sing the [Please and Thank You Song](#) (parental warning: it's a bit of an earworm!). Draw a picture of someone being courteous, and explain your drawing to someone else. Bonus points if you bring it into school and share with Doc, who will post it in the building and on Instagram!

Be well, Doc

Dr. Christopher A. Schoberl  
Head of School

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**Next Week:**

**September 23** -- First meeting of Math Challenge Club, After School (see below)

**Upcoming Dates:**

**October 6** -- Bike-to-School Day (more info to come in next week's Compass)

**October 6** -- PTO meeting via Zoom, 9 a.m.

**October 20** -- Coffee/Tea with Leadership

**October 22** -- Teacher In-service, No School

**October 28** -- Picture Retakes

**October 29** -- Ashbrook Spooktacular

[2021-22 School Year Event Calendar](#)

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**COVID-19 Screening Program starts October 4**

Ashbrook has enrolled in Oregon Health Authority's COVID-19 Screening Program for K-12 students. This weekly testing program is entirely optional. You can pick-up a barcoded test kit on Monday mornings, test your child that night or Tuesday morning, and return the test Tuesday morning. You will receive confidential results in 1-2 days. For more details, click [HERE](#).

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**Is it allergies or COVID?**

If your student has seasonal allergies or a chronic/managed health condition, please email Ms. Rachael at [rlevy@ashbrookschool.org](mailto:rlevy@ashbrookschool.org) with your student's name and symptoms. Symptoms must be documented because:

- Many allergy and condition-related symptoms mimic COVID-19 Primary and Non-Primary symptoms which would require your student to remain home and be symptom-free for 48 hours.
  - A student experiencing a symptom as a result of their known condition does not need to quarantine unless other non-related symptoms develop.
  - Please administer any needed medications at home as much as possible.
  - If medication must be administered at school, complete [THIS FORM](#) and drop it off with the medication on the cart outside of the front door. It must be marked with your student's name and clear instructions. Please call or email before you plan on dropping it off so Ms. Rachael may retrieve it.
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## September's Is It Monday Yet? from Doc Schoberl is "How to Talk with your Child about Difficult Topics"

When Eileen and I decided to get married and start a family, I had two moments of panic. You see, I really need a good night's sleep, and I was convinced that if I were deprived of sleep because of a crying child, I'd become Jack Nicholson in *The Shining*. Once I realized that I could get by on a lot less sleep than I thought I needed, I panicked when I thought about all of the tough conversations I'd have to have with my children, and whether or not I was up to the task.

The rest of the blog post, with advice and resource suggestions, is [HERE](#).

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## Check out these stunning pictures from our yearbook students!



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## K-5 Math Challenge Club

If you have a K-5 student who loves math, we have a fun new opportunity for them! Students can now sign up to join [this after school math club](#) that will take our mathematicians through a series of 15 different math challenges over the course of this 2021-2022 school year. We will meet in cohorted groups (K-4 will be in one group and 5 will be in another) every two weeks to review previous challenges and begin working on the next challenge. Please email Miss Elliott at [elliott@ashbrookschoool.org](mailto:elliott@ashbrookschoool.org) by next Thursday if your student would like to join in on the fun! Our first meeting will be held immediately after school Thursday, September 23 until 3:55.

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## Oregon Battle of the Books (OBOB)

OBOB is a statewide program primarily sponsored by the Oregon Association of School Libraries. OBOB aims to encourage and recognize students who enjoy reading, to broaden reading interests, increase reading comprehension, promote academic excellence, and promote cooperative learning and teamwork among students. The “Battle” in OBOB refers to grade-level teams practicing and competing in-house, with winning teams then competing in our region followed by those winning teams competing at the state level. With the exception of the unusual last year, we have traditionally hosted teams. We are excited about the prospect of participating once again this year. With students’ interest and parent volunteer coaches, we can host teams in Grades 3 through 8. If you are interested in being a coach for your student’s team or a different team, or if OBOB simply sounds interesting to you and you have questions, please email Jerri Jessop at [jjessop@ashbrookschoo.org](mailto:jjessop@ashbrookschoo.org). For additional details about OBOB, visit [their website](#).

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## Please donate to Socktober

Hey Ashbrook Parents,

It’s time for Socktober! The Ashbrook Fourth Grade is putting together a sock drive for homeless people in the Corvallis area. Including men, women, and children, this is about a thousand people.

The sock drive is starting on Monday, October 4, and ends on Wednesday, October 27. There will be a sock bin out in front of the school so you can put the socks in it, or you could buy them online and have them delivered to Ashbrook. Please address them to:

Ashbrook Sockdrive, 4045 SW Research Way, Corvallis, OR 97333

The socks will be donated to homeless shelters throughout Corvallis. We are doing this to help homeless people to stay healthy, blend in, and look nice.

So please donate as much as you can to help the homeless. Make sure they are new, not used socks.

Thank you, The Ashbrook Fourth Grade.

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## Sign up for eScrip to help fund the PTO

Please help the Ashbrook PTO fund great events without lifting a finger. In years’ past, we’ve had the Summer Pool Party, Sock Hop, Family Fun Night at the OSU MU and much more! Even though we can’t plan in-person events yet, the PTO has tentatively planned looking ahead to see what we can do to come back together as a community. We are always looking for ideas that will allow the Ashbrook community to connect, so please contact Jennifer Chang ([jenn\\_kwock@yahoo.com](mailto:jenn_kwock@yahoo.com)) for any ideas as well as any questions.

By registering your credit cards and using them to pay at Market of Choice and certain online businesses, a portion of your purchase will be donated to the PTO. There is no additional cost to you and your information is confidential. Please consider signing up if you have not done so already. If you're already signed up, please check that your information is up-to-date.

Thank you for your support.

Sign up: <https://secure.escrip.com/signup/index.jsp>

Update: <https://secure.escrip.com/signin/index.jsp>

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### **PTO Mini-Grants**

The Ashbrook PTO is proud to offer mini-grants again this academic year! The purpose of the Ashbrook PTO Mini-Grant Program is to support the Ashbrook community in pursuing projects, activities and supplemental education opportunities that enhance the school's collective educational and community building aspirations. All members of the Ashbrook community are eligible to apply for a PTO mini-grant to sponsor undertakings such as clubs, events, teams and speakers.

Previous recipients included the Tikes Town Playhouse, Middle School Graphic Novel Library, Choir Club, Destination Imagination, First Lego League, First Lego League, Jr., "Eclipse" (student written/produced play), Cascades Raptor Presentation, Author Visit by Myrlin Hepworth, and more.

The application form with more information on activities that are eligible and the guidelines for funding is [HERE](#).

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### **PTO Staff Appreciation Committee**

The Staff Appreciation committee is looking for volunteers to help celebrate Ashbrook's dedicated staff for the 2021/22 school year. If you are interested in being involved, please contact Anne Rice at [annerice24@gmail.com](mailto:annerice24@gmail.com).

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### **Did you notice our new sign?**

We installed a new Visitor Parking sign and this Welcome sign to make our campus easier to navigate and even more welcoming to visitors and prospective families.



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### COVID Reminder to All Parents

Please remember to screen your child each morning before coming to school. This includes asking your student how they are feeling, doing a symptom check, as well as checking their temperature. If your child is experiencing any of the symptoms on [this list](#), do not send them to school.

If you need to have your child tested, there are currently 5 places in Corvallis that do [COVID testing](#): Samaritan Urgent Care on Philomath Blvd, WVT Lab on Washington, Benton County Health on 27th, Corvallis Family Medicine on King's Blvd, and Rite Aid on 9th and Circle . . . and soon to be Ashbrook as mentioned above!