

Ashbrook Compass



September 17, 2021

Dear Ashbrook Family,

I very much enjoyed my "virtual visits" with parents on Tuesday and Thursday for Back to School Night. Following my welcome, I spent the balance of the evening popping in and out of the wonderful sessions hosted by our teachers and was left with two conflicting thoughts: I was super happy to be leading a school filled with so many talented, consummate professionals. At the same time, I was profoundly sad that my own children never had a chance to attend a school like Ashbrook!

In the spirit of the excellence I saw on display during the Lower and Middle School Back to School nights, I thought I would follow up with a reminder of what my goals are for the year, as approved by the Board of Trustees, as well as to provide the answers to a few questions I received, [HERE](#). My goals will form the basis for my evaluation by the Board, and I'm sharing them with you so you know how I will be held accountable for leading OUR school. In addition, my answers to questions such as "What is the difference between what you do and what Mrs. Sechler does?" "Why do you have so many bunnies?" and "In terms of word of mouth, what would you want us to highlight when we brag about Ashbrook?" will help us all pull in the same direction, which is especially important in a smaller school!

Be well, Doc

Dr. Christopher A. Schoberl

Head of School

P.S. If you have not yet completed the Parent Partner Survey [HERE](#), please do so by Oct. 1.



Next Week:

September 24 -- Last day of Hot Lunch 2-week trial

Upcoming Dates:

October 6 -- Bike-to-School Day (more info to come in next week's Compass)

October 6 -- PTO meeting via Zoom, 9 a.m.

October 22 -- Teacher In-service, No School

October 28 -- Picture Retakes

[2021-22 School Year Event Calendar](#)

Encouraging Conversation From Mrs. Sechler:

5 things to ask your kids instead of "How was school?"

1. What made you smile today?
2. Who did you sit with at lunch?
3. If you could change one thing about today what would that be?
4. What was the hardest rule to follow today?
5. Tell me something you know today that you didn't know yesterday.

As a parent, I am often guilty of asking the big open-ended question, "How was your day?" upon greeting my child after school. In response to this general question I often get a general answer. Instead, I have found that a better question is, "What made you laugh today?" or "Who did you help today?". Then the conversation starts to flow! Give it a try with your kids and enjoy a richer discussion on the drive home from school!

Student Mask reminder

Since we will continue to wear masks for the foreseeable future, now is a good time to review the fit and feel of your student's mask to make sure they are comfortable wearing it all day. The mask should cover their nose, mouth and chin. This picture may help!

Masks Up!



PTO Mini-Grants

The Ashbrook PTO is proud to offer mini-grants again this academic year! The purpose of the Ashbrook PTO Mini-Grant Program is to support the Ashbrook community in pursuing projects, activities and supplemental education opportunities that enhance the school's collective educational and community building aspirations. All members of the Ashbrook community are eligible to apply for a PTO mini-grant to sponsor undertakings such as clubs, events, teams and speakers.

Previous recipients included the Tikes Town Playhouse, Middle School Graphic Novel Library, Choir Club, Destination Imagination, First Lego League, First Lego League, Jr., "Eclipse" (student written/produced play), Cascades Raptor Presentation, Author Visit by Myrlin Hepworth, and more.

The application form with more information on activities that are eligible and the guidelines for funding is [HERE](#).

PTO Staff Appreciation Committee

The Staff Appreciation committee is looking for volunteers to help celebrate Ashbrook's dedicated staff for the 2021/22 school year. If you are interested in being involved, please contact Anne Rice at annerice24@gmail.com.

Ashbrook COVID Advisory Group

Thanks to three very generous parents, we now have a COVID Advisory Group. This impressive group will help us interpret and reconcile the sometimes arcane guidelines issued by ODE, OHA, the County, and the CDC. Meet Dr. Matt, Dr. Megan, and Dr. Cristy!

Dr. Matthew Lindberg

I am currently the Medical Director of the Samaritan Heart Center at Good Samaritan Regional Medical Center. This includes the Cardiology and Cardiothoracic Surgery departments. I am extensively involved in multiple administrative positions elsewhere within the Samaritan organization. I have two children, Connor (Ashbrook 2021 graduate) and Keira (current Ashbrook 6th grader). Our children have attended Ashbrook since Connor was in Kindergarten.

Dr. Megan Patton-Lopez

I am currently an Associate Professor in the Division of Health & Exercise Science at Western Oregon University. My academic training is in Public Health (PhD) and my teaching focuses on child and adolescent health, program planning for health promotion, chronic disease prevention and nutrition. At WOU, I also serve on the COVID-19 Task Force and provide the University leadership team with technical assistance in public health

data analysis/interpretation and strategic planning/communication. My daughter, Eva Lopez-Patton, is currently an 8th grader at Ashbrook. Our family joined the Ashbrook community in Fall 2017, when Eva was entering the 4th grade.

Dr. Christy Rivers

I am currently a pediatrician at the Corvallis Clinic. I love to travel, and have spent time in Peru with my husband and two children, to study Spanish. I also enjoy hiking, am an avid reader, and volunteer my time at Ashbrook and my church. I also write a blog that shares my thoughts about parenting and doctoring at christianpediatricianinsights.com. My daughter, Anna Rivers, is an 8th grader.

Lunch feedback

If your student is participating in the Hot Lunch program--especially the 2-week trial--we'd love to hear your feedback! What was their favorite meal this week and why? What was their least favorite meal and why? Please send any and all feedback to Ms. Tynon at ktynon@ashbrookschool.org. Thank you!

COVID Reminder to All Parents

Please remember to screen your child each morning before coming to school. This includes asking your student how they are feeling, doing a symptom check, as well as checking their temperature. If your child is experiencing any of the symptoms on [this list](#), do not send them to school.

If you need to have your child tested, there are currently 5 places in Corvallis that do COVID testing: Samaritan Urgent Care on Philomath Blvd, WVT Lab on Washington, Benton County Health on 27th, Corvallis Family Medicine on King's Blvd, and Rite Aid on 9th and Circle. More information can be found [HERE](#).